

Blue Mountains
YOGA studio



Lulu bull's
retreat &
workshop
programme
2010

Visit our website

www.bmyogastudio.com.au

Lulu's Workshops and Retreats

Katoomba January 10-14, 2010

Lulu will be holding a 5 day intensive at the school (non-residential). Bookings necessary. (General / experienced levels)

Cost \$250 | Deposit \$100

Wollongong February 13-14

Lulu will be conducting a weekend workshop at the Moore Street Yoga Room. Contact Shooshi (02) 4267 5786 for bookings. (General / experienced levels)

Armidale March 6-7

Lulu will be conducting a weekend workshop at the "Armidale Yoga Studio". Please phone Jane Hall for bookings on (02) 6771 5286. (General level)

Melbourne June 12-13

Lulu will be conducting a weekend workshop at "Studio Cirq" in the CBD of Melbourne. Please phone George King for times and bookings on 0425 782 387. (General level)

Bega South Coast September 11-12

Lulu will be conducting a weekend workshop at the "The Yoga Studio." Please contact Suzi Alesandra for bookings. (02) 6494 2301

Katoomba November 21-22

Lulu will be running a non-residential weekend workshop at the "Blue Mountains Yoga Studio." Saturday 3.30-5.30pm Sunday 7.30-10am and 3-5pm

Cost \$180 | Deposit \$50

Byron Bay 5 Day Retreat July 3-8

Lulu is happy to once again be able to offer this opportunity and return to "Sangsurya Retreat Centre". The 5 day residential retreat commences Saturday 5pm and finishes Thursday 5pm. Suitable for general / experienced students. This retreat is very popular so book early. Payment 3 weeks in advance would be appreciated.

Cost \$1060 | Deposit \$200
Please ring the Studio on 02 4782 6718 or register by mail.

*The price rise for 2010 is due to increase in accommodation and food costs.

Katoomba January 2011 5 day Intensive

Lulu will be holding a 5 day intensive at the school (non-residential). Bookings necessary. (General / experienced levels)

★ Proposed dates January 10-14. Please ring for confirmation by November 2010.

Registration

To register for my Blue Mountains Yoga Studio events, please use form overleaf. For Armidale, Melbourne, Wollongong or Bega please contact respective schools.

Deposits are non-refundable—please book well in advance.

Registration

[only for events held by Blue Mountains Yoga Studio].
Please fill out the form below and post it with your respective
deposits [non-refundable and non-transferable] to:

Blue Mountains Yoga Studio

4/118 Main Street
Katoomba NSW 2780

Enquiries

Tel/fax: 02 4782 6718

Email: lulu@pnc.com.au

Web: www.bmyogastudio.com.au

Name _____

Address _____

Phone _____

*Email _____

*Please make sure you include your email address as our mailing list in future may be electronic.

Retreat/
Workshop
Date _____

Would you like to be on our mailing list
for retreat updates and workshops?'

*We are updating our mailing list. Please make sure you
indicate 'Yes' in the box even if you are already on it.

Yes



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