

Blue Mountains  
YOGA studio



lulu bull's  
retreat &  
workshop  
programme  
2012

Visit our website [www.bmyogastudio.com.au](http://www.bmyogastudio.com.au)

## Lulu's Workshops and Retreats

### Katoomba January 11-15, 2012

Lulu will be holding a 5 day intensive workshop at the school for general and experienced students (non-residential). Bookings necessary.

**Cost \$350 | Deposit \$100\***

\*Non-refundable deposit on booking. Please book by early December 2011.

### Wollongong (Austinmer) February 11-12

Lulu will be conducting a weekend workshop at the Moore St Yoga Room for general and experienced students. Contact Shooshi on (02) 4267 5786 for details/bookings.

### South Coast (Tanja) March 16-17-18

Lulu will be conducting a 3 day workshop at the "The Tanja Hall," near Bega. Please contact Janni Klotz on (02) 6494 0058 for times and bookings or email [rockleigh@netspeed.com.au](mailto:rockleigh@netspeed.com.au)

### Melbourne (Yarraville) May 4-5-6

Lulu will be conducting a 3 day workshop in Melbourne for both teachers and general/experienced students at Yarraville Yoga Centre. For bookings, contact Amanda on (03) 9687 4418 [www.yarravilleyoga.com.au](http://www.yarravilleyoga.com.au)

### Armidale Times/dates TBA

For expression of interest, contact Kate Connors on 0405 292 781 or (02) 6772 8459 (minimum numbers required).

### Byron Bay 5 Day Retreat June 30-July 5

Lulu will be holding her annual residential retreat at Sangsurya Retreat Centre. The 5 day retreat commences Saturday 5pm and finishes Thursday 5pm. Suitable for general/experienced students. This retreat is very popular so book early.

**Cost \$1382 | Deposit \$100\***

Please ring the Studio on 02 4782 6718 or register by mail. Full payment 3 weeks in advance appreciated.

\*Non-refundable deposit on booking. Please note price rise is due to increased charges by centre plus GST. Some concessions available if students are willing to do exchange gardening at the centre. Please note that an additional fee will be charged for premium accommodation, i.e. own ensuite (contact Lulu).

### Kangaroo Valley September 14-16

This weekend residential retreat at Avrajita Retreat is for general (2 years' experience) and experienced students. Please contact Amala on 0427 641 673 or email [amala@ozemail.com.au](mailto:amala@ozemail.com.au)

### Katoomba October 27-28

Lulu will be running a weekend workshop at the studio (non-residential). Suitable for general level and experienced beginners. Times: Saturday 3.30-5.30pm, Sunday 7.30-10.00am, 3.00-5.00pm.

**Cost \$180 | Deposit \$65**

Please ring the Studio on 02 4782 6718 or email or register by mail.

### Katoomba

5 Day Intensive: January 9-13, 2013

Lulu will be holding a 5 day intensive at the studio. Suitable for experience/general students. Ring the studio during November 2011 for confirmation, bookings and cost.

### Registration

To register for my Blue Mountains Yoga Studio workshops, please use form overleaf. For other events, please contact respective schools. Deposits are non-refundable—please book well in advance.

## Registration

[only for events held by Blue Mountains Yoga Studio]. Please fill out the form below and post it with your respective deposits [non-refundable and non-transferable] to the studio. For payment by direct deposit, please contact Lulu.

## Blue Mountains Yoga Studio

4/118 Main Street  
Katoomba NSW 2780

### Enquiries

Tel/fax: 02 4782 6718

Email: [lulu@pnc.com.au](mailto:lulu@pnc.com.au)

Web: [www.bmyogastudio.com.au](http://www.bmyogastudio.com.au)

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

\*Email \_\_\_\_\_

★ **IMPORTANT:** In 2012, we would like to make our mailing list electronic. Please email your address (even if you have previously) and mark subject "Group Mailing List." Please contact Lulu if you are unable to receive notices electronically and need a copy posted to you.

Retreat/  
Workshop  
Date \_\_\_\_\_



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